

## Towne Lake Triathlon 9/1/14

### Olympic

Overall		----- Swim -----					T1			----- Bike -----			T2			----- Run -----			Total	
Place	Place	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time	T1+T2	AG		
1	30	Carolina Carstens	1295	42	11	0:30:22	2:01HM	0:01:33	1	1:02:04	22.7mph	0:01:21	2	0:47:51	7:42/M	2:23:12	0:02:54	40-44		
5	223	Jessica Stables	452	29	13	0:36:37	2:26HM	0:02:07	3	1:14:12	19.0mph	0:02:07	3	1:00:40	9:46/M	2:55:42		25-29		
4	10	Franz Carstens	331	44	12	0:25:48	1:43HM	0:01:14	6	0:58:22	24.1mph	0:01:06	5	0:45:24	7:19/M	2:11:54	0:02:20	40-44		
9	39	Russell Sollock	299	42	5	0:24:22	1:37HM		33	1:08:13	20.6mph	0:01:21	16	0:51:52	8:21/M	2:25:47	0:01:21	40-44		
21	145	Kike Perez	364	45	39	0:36:47	2:27HM	0:02:28	13	1:04:42	21.7mph	0:02:42	14	0:57:19	9:14/M	2:43:58	0:05:11	45-49		
46	274	Robert Danek	194	37	54	0:36:28	2:26HM	0:01:45	43	1:11:49	19.6mph	0:02:33	44	1:09:12	11:09/M	3:01:47	0:04:17	35-39		
18	301	Dario Mariani	70	26	12	0:29:31	1:58HM	0:01:53	22	1:29:59	15.6mph	0:02:45	13	1:01:40	9:56/M	3:05:47	0:04:38	25-29		

### Sprint

Overall		----- Swim -----					T1			----- Bike -----			T2			----- Run -----			Total	
Place	Place	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time	T1+T2	AG		
3	65	Carla Veach	1159	38	3	0:09:28	2:22/M	0:02:06	2	0:34:56	20.1mph	0:01:46	1	0:25:26	8:01/M	1:13:42	0:03:52	35-39		
7	220	Karen Uribe	1183	41	19	0:14:05	3:31/M	0:02:36	4	0:36:43	19.2mph		9	0:32:37	10:17/M	1:26:01	0:02:36	40-44		
9	229	Norma Perez-Abreu	1169	39	5	0:10:32	2:38/M		18	0:43:35	16.1mph	0:02:15	10	0:29:57	9:27/M	1:26:20	0:02:15	35-39		
2	3	Amanda Mickan	1112	26	2	0:09:48	2:27/M	0:01:38	2	0:37:34	18.7mph	0:03:01	3	0:40:27	12:45/M	1:32:29	0:04:40	Athena		
2	5	Steve Sievert	694	46	6	0:08:47	2:12/M		2	0:30:12	23.3mph	0:02:10	2	0:20:41	6:31/M	1:01:50	0:02:10	45-49		
2	8	Juan Sanchez	642	18	7	0:08:14	2:03/M	0:01:06	1	0:30:15	23.3mph	0:01:02	2	0:22:06	6:58/M	1:02:42	0:02:08	15-19		
7	79	Hayden Grobleben	624	15	11	0:09:43	2:26/M	0:01:24	5	0:33:14	21.2mph	0:01:10	8	0:29:11	9:12/M	1:14:43	0:02:34	15-19		
8	87	Mateo Canon	636	17	4	0:07:48	1:57/M	0:01:52	7	0:35:25	19.9mph	0:01:27	10	0:29:20	9:15/M	1:15:51	0:03:19	15-19		

### Olympic Relay

Overall		----- Swim -----					T1			----- Bike -----			T2			----- Run -----			Total	
Place	Name	Bib No	Age	Gen der	Age Group	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time	AG		
1	Trimac relay	1349	0	F	1 Coed 0-99	3	0:32:54	2:12HM	0:01:00	2	1:02:12	22.6mph	0:00:54	4	0:58:33	9:26/M	2:35:33			